

Successful Singles Coaching News

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A Free Email Newsletter Dedicated to the Proposition That a Rich Single Life and the Most Alive Soulmate Relationship Begin with Grace, Know How and Deep Preparation of the Mind and Heart

"Choose your life's mate carefully. From this one decision will come ninety percent of all your happiness or misery."

-H. Jackson Brown, Jr., *Life's Little Instruction Book*

QUOTE OF THE MONTH

Your life proceeds out of your intentions for it.

Donald Walsch, *Conversations with God*

FEATURED ARTICLE:

Antidote to the Lone Ranger Trap--The Singles Community

The Lone Ranger Trap is an apt and descriptive phrase coined by David Steele of Life Partner Quest. This trap involves the conscious, or more insidiously, the subconscious, assumption that we can create the life we'd love to live and attract the love of our life by our own, solitary efforts. We can place an ad, sign on to matchmaker.com, have a date, enter mini-marriages, or date somebody else and so on.

There are probably many reasons this trap has become so endemic to our culture. Perhaps the American myth of the self-sufficient, heroic adventurer played a part. Also, we've become more transient as a people. Relatives, clergy people, health care providers and even friends are often long distance geographically or of relatively short duration temporally. In the "olden days" there were relatives, long time friends, and even "the good old boy network" that could assist us in creating our careers and lives. More recently the authors of "The Aquarian Conspiracy" and others have raised the consciousness of savvy people about the value of networking, "leads groups," "mastermind groups," etc. for maximum career development. And yet in our personal lives, many of us have continued to "go it alone."

What is the antidote for this outmoded, self-sufficient approach? We believe it is a consciously and intentionally formed singles community designed with a special purpose in mind and with a special knowledge base. We believe that this type of community should be designed for the expressed intent and with considerable knowledge about how to help single people create the life that they would **love** to live and, if they like, to help them learn how to attract the love of their lives. This purpose could include the opportunity to meet, date and/or enjoy recreation with other

conscious singles - but these would be auxiliary benefits. The core benefits of such a community run much deeper.

What are some of the ways singles community members support each other?

- 1) By coming to know each other more deeply over time, members help each other discover and actually live their ideal lives.
- 2) By creating a safe learning environment, members help each other learn the myriad interpersonal skills that are necessary to attract and deepen a romantic soulmate relationship.
- 3) By warmly and respectfully challenging each other to be their true selves and to "not settle," members hold each other accountable to go for their ideal romantic soulmate relationship.
- 4) By coming to know each others' needs and "requirements" in a life partner, members help "scout" for appropriate dating prospects and help "test" for a nearness of fit with those requirements.

There are many other benefits too numerous to mention here. Suffice it to say that without such a community, we believe that single people are truly handicapped in their life partner quest. What to do about it?

If you're in the Metro Washington, D.C. area come to our Monthly Singles Event, October 5, and consider becoming part of our community. Call for registration and details - 301-907-3342. In other areas of the country and world, call us at 301-907-3377. We'd be happy to consult with you about the kind of knowledge base, experiential exercises, advertising know-how, etc., you'll need to build your own singles community. Build it and they will come!

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