

# Successful Singles Coaching News

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*A Free Email Newsletter Dedicated to the Proposition That a Rich Single Life and the Most Alive Soulmate Relationship Begin with Grace, Know How and Deep Preparation of the Mind and Heart*

"Choose your life's mate carefully. From this one decision will come ninety percent of all your happiness or misery."

-H. Jackson Brown, Jr., *Life's Little Instruction Book*

#### QUOTE OF THE MONTH

*You don't have to be great to get started, but you do have to get started to be great.*

--Les Brown

#### FEATURED ARTICLE:

##### ***A Radical Idea - Bringing Consciousness, Preparation, and "Supportability" to the Life Partner Quest.***

In a recent Relationship Success Training for Singles class we reviewed the statistics for first marriages ending in divorce (50%) and for second marriages (63%). We then asked what the class thought was the failure (end of relationship) rate of significant romantic relationships for single people. The answer came quickly - 100% by definition.

If people failed on the job in their careers at this rate there'd be no civilization. But of course they don't fail at this rate or anything close to it. Why? We think there are at least three major reasons. First, the skills needed to succeed in a career are much easier to master than those to succeed in a long term committed romantic relationship (Rilke - "For one human being to love another: That's perhaps the most difficult of all our tasks; the ultimate, the best test and proof, the work for which all their work is but preparation.").

Second, people invest much more time, energy and money into years of preparation for a career. They don't just come out of high school and open a law office based on what they've seen on Perry Mason. Yet isn't that pretty much what people do in the arena of romance? They watch what's modeled by their parents and the media for what a romantic relationship should look like. How many people (even psychiatrists and psychologists) have ever taken one three-credit course on "The Nature of a Healthy Romantic Relationship" - let alone how to acquire and deepen one?

Third, most people seek experienced, professional help when preparing for a career and even later to deepen their skill mastery. It seems that many single people utilize the "expertise" of their friends, who often don't have the vital, enduring, passionate romantic relationship that would demonstrate the know how to "walk their talk."

So the idea of bringing consciousness, preparation and "supportability" to the Life Partner Quest does seem to be a Radical Idea.

Why is this the state of "affairs?" That would take a few more issues. But, one major reason is the responsibility of the professionals in the psychological fields. Psychologists and psychiatrists have devoted their energies almost exclusively to the causes and cures of individual (and to a far lesser extent to dysfunctional relationship) problems and pathologies. It has been only recently that professionals like David Steele, founder of Life Partner Quest, have developed thoroughly considered tools for single people to use to attract their ideal healthy romantic relationship. It's only been relatively recently that profoundly effective ways of deepening a romantic relationship like Imago Therapy have appeared.

There are many smart, conscious single people today who would readily agree that if "you do what you've always done, you'll get what you've always got." They just haven't known what ELSE to do. Now there is an alternative.

You can be supported and coached into applying your consciousness to the preparation for one of the most important decisions of your life. But, in the words of Les Brown, "You don't have to be great to get started, but you do have to get started to be great." Get started today. At least sign up for one of our free Teleclasses on "The 12 Most Deadly Dating Traps." Consider enrolling in our in-office or teleclass Relationship Success Training for Singles programs. If you're in an important romantic relationship already, get two or three Pre-Commitment Coaching sessions to deeply explore if you meet each others' "Requirements" for successful commitment.

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*Bethesda-Chevy Chase Counseling & Consulting  
SinglesAndSoulmates*

4401 East West Highway, Suite 203  
Bethesda, MD 20814  
(301) 907-3377, ext. 94  
Fax: (301) 907-3342  
[info@bccounseling.com](mailto:info@bccounseling.com)  
[www.bccounseling.com](http://www.bccounseling.com)

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